

# Packington Men's Group PMG

In August 16 of us enjoyed our **PMG Annual Breakfast**, with healthy fruit and cereal or full cooked breakfast options. **Our guest speaker** was a **founder member of PMG**, and **Clifford McKee** talked about his experiences while



surviving the cancer diagnosed in him last year. His testimony to the unbelievably caring people who had looked after him was very heartening; we listened with bated breath to some cogent advice distilled from Clifford's recent experience. Two aspects in particular were deduced. Firstly, if we should feel

unwell, the need was to get checked out quickly, not to assume it was "just old age"; secondly, we benefit from losing any overweight, NOW. Such wise counsel from the hard experience of a close friend was salutary. Our thanks to **Lindsay** and **Mandy** who, keen not to let us down, had opened up the **Bull and Lion** kitchen in a period when meals at our village pub have been in abeyance.

On **Thursday 12th September** leaving the village at **1:10pm**, **PMG** visits the **Eglantine Vineyard** at **Costock** in **Nottinghamshire** where **owner Tony Skuriat** since 1979 has set about 4,000



Eglantine Vineyard  
Nottinghamshire, England



vines on his south-facing slopes, as well as a purpose-built winery. We have a **guided tour starting at 2pm** and lasting two hours. About 45 minutes will be in the open vineyard, seeing how vines are grown and tended, so appropriate outdoor clothing should be worn. In the winery, we should then see the wine-making process and

equipment, and be able to taste the products and perhaps purchase vine plants as well as wines. The **tour cost is £5, payable on the day**. **We need to know numbers: RSVP, early, to Mike Taylor on 414862 - say if you need or can offer transport.**

*See more on PMG at front of this Parish News; also, see the Men's Group page on our new village website "packington dot info".*

